



# Gulfside Home Health

Lic. 2019 #20255096



helping you recover at home

## Your Post-Surgery Recovery Experts



Gulfside Healthcare Services

Hospice | Palliative Care | Home Health

Our skilled home health division offers expert care for you in your home to help you make the most of life and remain independent where it really matters.

**813-501-8244**

**[www.Gulfside.org](http://www.Gulfside.org)**

**Fax: 813-909-0481**





**Skilled home health services** include skilled nursing care, physical therapy, occupational therapy, and other specialized treatments designed to help you recover from an illness, injury or surgery, all from the comfort of your home.



# Who can benefit from skilled home health?

Skilled home health services from Gulfside Home Health is aimed at helping you recover from a surgery, injury or illness in the comfort of home. This can include a knee replacement, hip replacement, bone fracture resulting from a fall, and more.

For the patient, having skilled services at home means you can get back to the things you love doing faster and learn new ways to keep your independence.

For the caregiver, it means getting the help you need and finding solutions that fit both of your lifestyles.

## Services offered by Gulfside Home Health:

- Skilled nursing services
- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Home rehabilitation services
- Nursing assessment at each home visit to monitor and manage progress
- Coordination of services by a Social Worker





# Frequently Asked Questions

## **What does "skilled home health" mean?**

Skilled home health is built around services that are ordered by a physician. These can include physical therapy, occupational therapy or even speech therapy. These are the services designed to get you back to where you need to be and maintain your independence.

## **Who can receive services?**

Skilled home health services are designed for anyone recovering from a serious injury, a surgery or serious illness. Our hands-on approach allows you to strengthen and recover so that you can keep moving and live life fully.

## **What kind of services do you offer?**

Gulfside Home Health services include skilled nursing care at home, including physical therapy, occupational therapy and speech therapy. Services also include medication management, illness monitoring, and a nurse assessment at each visit to monitor and track your progress.

## **Who provides care for the patients?**

The skilled home health services are provided by expert rehab specialists, including physical therapists, speech therapists and occupational therapists. Patients can also receive visits from specially trained nurses, as required by the individual's custom plan of care.

## **How are services received?**

Your Primary Care Physician can easily refer you to Gulfside Home Health for an evaluation. Our team can meet with you at the hospital to prepare you to go home and get you ready for services after hospitalization due to a surgery, accident or illness. For more information about services or if you have any questions, our team is happy to help. Visit [Gulfside.org](http://Gulfside.org) or call us at 813-501-8244.



## Helping you live better at home:

### **Quality Skilled Care and Rehab Services**

Get back to doing the things you love with the help of our team and skilled home health services. Our hands-on approach allows you to strengthen and recover so that you can keep moving and live life fully.

### **Maintaining Independence**

We come to you, wherever you call home. Our team understands that keeping a level of independence is important to you, so we'll work with you to help you learn new ways to keep that independence. We can help you improve quality of life so that you are able to maintain independence and stay where you are most comfortable: home.

### **Caregiver Solutions**

Caring for someone as they work through the journey of rehab services and skilled nursing care can bring on its own set of challenges. Our team knows that, and will work with the caregiver alongside the patient to find solutions that fit your lifestyle and needs.

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