

Hearts for Hospice



Winter 2023



Cliff McDuffie,
Caregiver & Donor

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Expanded Caregiver Support
Program Helps the Helpers

The Candace Glewen Charity
Fashion Show is Always in Style

Playing Your Cards Right: Dinner &
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Holiday Fashions Help Hospice Patients

This year's much-anticipated Candace Glewen Charity Fashion Show, named in honor of long time board member Candace Glewen, was a huge success, raising more than \$43,000 to support Gulfside Hospice patients and families! The event co-chairs Marie Picone and Judith Koutsos poured love and attention into each detail to ensure that everyone had a wonderful time.

The fun-filled event featured an exciting vendor expo, a delicious lunch and the latest fashions from Dillard's at the Shops at Wiregrass with guest emcee, Deiah Riley from ABC Action News. Guests also enjoyed holiday shopping filled with door prizes and prize drawings.

Please join us in thanking all of our sponsors!



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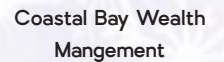
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Glamour Sponsors



Model Sponsor



Remembering Marie Picone

It is with great sadness that we share news of the recent passing of Marie Picone, a beloved Gulfside Board Member and Founding Member of the Women for Gulfside. She passed away in Gulfside Hospice's care on Dec. 24 after a brief illness.

Marie first became involved with Gulfside in 1993 when she graduated from the 2nd class of volunteers, making her the longest-serving volunteer in Gulfside's history. For many years, she volunteered in our Thrift Shoppes and treasured the friendships she made as she helped our hospice patients and families. Wanting to make a more personal impact, Marie joined Gulfside's Board of Directors in 2000 and served faithfully until her passing.

Marie was especially known for her involvement in many of Gulfside's fundraising events throughout the years. She most recently served as the Co-Chair of the Candace Glewen Charity Fashion Show held just last month on Dec. 6. It was a joy to celebrate the day and the event's success with Marie there, despite her illness.

Marie inspired so many of us with her boundless energy, her feisty determination to get things done and her sense of humor to create fun as we worked together to help Gulfside's patients and families. Marie was truly one-of-a-kind and we will miss her deeply.

Women for Gulfside Happenings



Storm is No Contender for Dinner & Bingo Night

Despite Tropical Storm Nicole barreling over Tampa Bay on November 9, Gulfside Hospice supporters traveled to the Dade City Garden Club in Dade City for a hugely successful Dinner & Bingo night. The event was organized and

hosted by Kim Higgins, a Dade City resident and Women for Gulfside member, and raised more than \$2,600!

To ensure that the event proceeds benefited as many patients as possible, Kim covered the club's rental cost and Dawn Enright, a friend and owner of Dinner's Ready in Dade City, provided a delicious dinner at cost to those who wanted to complement Bingo Night with a homecooked meal or take their meal to-go. Their generosity is a shining example of helping those in need in our local community.

Bingo attendees continue to rave about the fun and fellowship they experienced. It's people like Kim and Dawn who help ensure that Gulfside Hospice provides expert hospice care at the end of life to Pasco County residents, regardless of their financial situation.

If you or your business would like to support a Gulfside fundraising event by being a sponsor or donating a door prize, contact Carla Armstrong, Director of Philanthropy, at (727) 845-5707 or carla.armstrong@gulfside.org.



Women for Gulfside are dedicated women making an impact in the lives of Gulfside Hospice patients and their families.

Women for Gulfside (WFG) members support our hospice patients in many ways. Plus, your \$125 Annual Membership provides access to member-only events, updates on new Gulfside initiatives, and the opportunity to choose how funds are allocated.

Join today to make new friends as you help patients and families in our local community.

To learn more, visit WomenForGulfside.org.

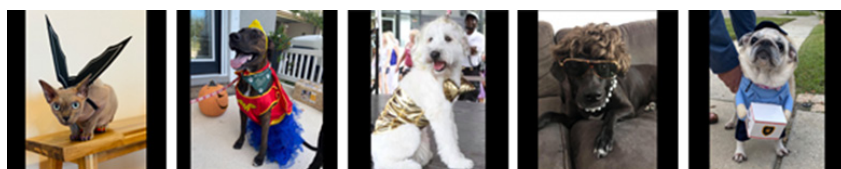


Women for Gulfside Founding Members, March 2018



The first annual Howl-O-Ween Pet Costume Contest highlighted several adorable and scary pets last October all while raising funds for our Pet Peace of Mind® program, which supports hospice patients and their pets during the end-of-life journey. This special fundraiser was hosted by the Women for Gulfside, a women's philanthropy group devoted to supporting hospice patients.

Honorable Mentions included:



Lunala Pickles

Rona

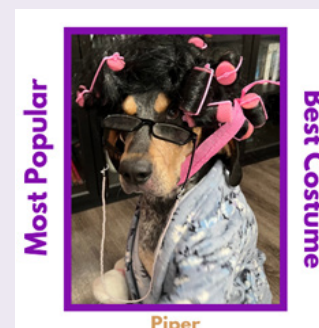
Rylee

Skye

Sookie

Learn more and make a gift to support the Pet Peace of Mind program at www.GulfsidePets.org.

This year's awards for Best Costume and Most Popular had the same winner: Piper!



Piper



Gulfside Launches New

You've probably cared for a family member or friend when they've had a bad case of the flu or are recovering from an outpatient procedure. However, someone who provides daily care to a loved one under hospice care typically finds such challenges physically, emotionally, psychosocially, and spiritually draining.

Zephyrhills resident Cliff McDuffie has been caring for his wife, Joyce, since she was told by physicians in April 2019 that she had six months or less to live. That September, Cliff put up the couple's artificial Christmas tree and decorated it because he wanted Joyce to have a nice Christmas. The tree has remained standing since as a reminder that Joyce has rallied, Cliff said.

"Exhausting, worrisome, and frustrating" are words Cliff uses to describe his caregiving experience.

"At the beginning, I woke up many times during the night to see if Joyce was alive. The lack of sleep and constant strain really got to me," he said.

While Cliff still finds caregiving challenging, he has found support as a regular attendee of Gulfside's weekly Caregiver Support Group.

Cliff has also taken advantage of Gulfside Hospice's Caregiver Respite Program, which enabled him to get away for five days last September for much-needed rest and relaxation.

Because of people like Cliff, Gulfside Hospice is championing a new Caregiver Support Program that is more inclusive and extensive than those offered by any area hospice or home health agency, according to JoAnn Bross, RN, LCSW, ACHP-SW, Gulfside's Program Administrator and Director of Clinical Social Work and Spiritual Care.

The program's purpose is to provide Gulfside's hospice caregivers with the hands-on training, confidence, and emotional support they need. This new initiative debuted in January 2023 and relies on donations from generous members of our community.

Six Important Program Components

COMPANION CALLS: Trained Gulfside volunteers are assigned caregivers to call regularly. Volunteers will listen intentionally, non-judgmentally, compassionately, and respectfully, thereby becoming a "safe" person to whom the caregiver can share feelings. The goal is to decrease the caregiver's sense of isolation and loneliness.

CLINICAL GROUP SERIES: Gulfside patient caregivers can attend one or more programs in this six-part series. Training will be provided on how to properly bath, groom, feed, mobilize, and transfer their loved one. There will also be presentations that include creating a secure home environment for the patient and understanding the physical signs that typically precede death.



Cliff & Joyce McDuffie

Caregiver Support Program

EDUCATIONAL GROUP SERIES: Monthly presentations at Pasco County nursing homes and assisted living facilities will focus on grief; hospice myths; building a support system; caregiver self-care; and considering if facility placement may be appropriate for your hospice loved one.

WEEKLY IN-PERSON PEER SUPPORT: Groups will meet twice weekly so caregivers can express their experiences, struggles, and challenges.

SOCIAL MEDIA/TECHNOLOGY: Gulfside Hospice will share relevant caregiver educational videos and forums via its website and caregivers can submit questions online that will be answered by an appropriate Gulfside team member.



"If you're a caregiver, your life is going to change, and that change is happening to you. It's important that you learn how to manage your worry because worry can destroy you," Cliff said.

Caregivers like Cliff usually find themselves in uncharted territory, even with Gulfside Hospice's help. As Medicare, Medicaid and private insurance do not cover Gulfside's Caregiver Support Program, the need for donations is great. Your gift will help caregivers like Cliff receive the additional support and services they need to meet this daunting challenge.



Cliff & Joyce McDuffie, 2010

*Your gift can help
caregivers like Cliff.*

As Medicare, Medicaid and private insurance do not cover Gulfside's Caregiver Support Program, the need for donations is great.

Your gift will help caregivers like Cliff receive the additional support and services they need to meet this daunting challenge.

3 Easy Ways To Give:



Give online at [Gulfside.org/
SpecialPrograms](https://Gulfside.org/SpecialPrograms)



Mail a check made payable to Gulfside Hospice, with Caregiver Program on the memo line, to:

Gulfside Healthcare Services
2061 Collier Parkway
Land O'Lakes, FL 34639
Attn: Carla Armstrong



Scan the QR code with your smartphone



Want to learn more?

Call the Caregiver Support Team at
(727) 845-5707 for more information.

In Loving Memory

Gulfside offers a variety of ways to remember your loved ones on our Walls of Caring, in our Butterfly Gardens and with memorial gifts.

From October 1, 2022 to December 31, 2022, generous donations were given to Gulfside Hospice from families and friends in memory or in honor of the following loved ones, who will remain in our hearts forever:



Wall of Caring

James R. Clark	Ron Byrd	James F. Engel	Marvin E. Goward	Connie B. Kiefer
	Gary Calhoun	Phyllis D. Ensel	Diane Grasso	Kathleen M. Kielian
	Dixie L. Campbell	Billy F. Enzor	Effie Grau	Byung Sook A. Kim
Harold W. Alexander	Lawrence G. Carpenter	David Evans	Susan Green-Lanus	Thomas S. King
Peter J. Alexander	John E. Celia	Thelma Fasulo	Marilyn Guzzardo	Robert G. Klea
Donald Allen	Eileen M. Chagnon	Betty Feek	Dianne Haberstick	William S. Klinger
Richard Allison	Rodney Choffel	Michael Fera	Lorraine M. Hadley	Ann T. Kolebar
Patricia A. Anderson	Earline O. Churbuck	KayJuan Fisher	Stanley J. Hanecki	Michael Kolebar
Richard Andres	Kathleen M. Coats	Patricia Fisher	Lois E. Harmak	Andrew Kovacs
Sharon G. Backus	Kenneth Coats	Robert Flabbi	Robert Harvey	Margaret Kubis
Ronald Baldwin	Julia Coiro	Martha Fleigner	Raymond J. Harwell	Paul LaCombe
Patricia A. Ballantine	Robert E. Conlin	Joan Fournier	Jeanette Hauser	Ballard Lambert
Joseph S. Bankowski	Annmarie Coudon	Jeannette Franck	Symone Hauser	Nancy A. Lankenau
Richard A. Banks	Maria Cusimano	Walter Frantz	Katherine Heil	Richard L. Lechnar
Leonarda Barbara	Richard D. Davis	Ralph Frey	Eugene Heiter	Virginia M. Lemkuil
Jeffrey S. Bartel	Robert Neal Davis	Galen M. Fronce	King Helie	Angela Lennon
James E. Beard	Sonya Davis	John J. Fryza	Dale Hellemn	Judith A. Leriger
Mary M. Best	Eugene Day	Carol Gagner	Marie L. Hicks	Claire M. Leuschner
Rita Bishop	Helen F. Day	Lois Gainer	Karen L. Hile	Edward J. Levisour
Richard M. Blackwell	Ira D. Decker	Roy Gambol	Joe H. Hill	Jeffrey Lipkes
Reba Blommel	John J. Delamer	Susan A. Gambol	Madeline Holstrom	Warren F. Littlefield
George Blust	Irene DePompa	Doris A. Garrison	Rosalie Hubert	Angeline Loysch
Gerald Bobala	Ann DeVito	Karen Garufi	Kathy Huffman	Carol MacArthur
Austin P. Bondi	Patricia F. Dickerson	John Geiger	Ann Iadarola	Eunice MacAvoy
Gloria E. Boothby	William Dieck	Andrea Ghuneim	Barbara H. James	Zeena J. MacLean
Elizabeth L. Bower	John A. DiMeo	James Gibbs	James Jesse	Wendy Madaras
Eleanor Brain	Raymond DiMeo	Robert H. Gilbertie	Errol Jones	Ray Maedel
Thomas Brooks	Robert Dorr	Lois Gilley	Garth S. Jones	John J. Maher
Tommy Brown	Louis Doucette	Courtney Glenn	Peter M. Jones	James L. Mallison
John Broyhill	Debra Dowling	Mark S. Goldstein	Paul Keberly	Marie Mantz
Jodee Buckley	Albert Elms	Pedro Gonzalez	Juanita T. Kellas	Olindo Marseglia
Ralph W. Burk	Margaret Elms	Agnes Gortou	Stanley Kendus	Juanita W. Marshall

Michael Marshall	Marjorie M. Pearson	Claire Ruvolo	Charles R. Stevens	Jack Viglione
Robert Mayfield	Zaida M. Pelaez	Joseph Salatino	Kenneth H. Strait	William Vorrace
Cornelius McCabe	Margaret Pendergast	Joseph A. Salemi	Mattie Strait	Martha E. Wagner
Kitty McClelland	Leonard Pennington	Nestor Santiago	Irene Strickland	Julie Walford
Marcella Meehan	Grace E. Penny	Elizabeth Savage	Kareen Stromberg	Thomas P. Walsh
Constance Miller	Marie Picone	Robert L. Savage	Mary Sutherland	Agnes Warne
James Montgomery	Matthew T. Povolny	Hildegard Schaeffer	Sonja Szabo	Donald R. Weissberg
Charles Morant	Robert Povolny	Thomas Schafer	James Tash	Dawn Wensel
Mercedes D. Morgan	Zoia A. Prosnikova	Jeffrey H. Scharfeld	Alvaro Tejada	Regina Wilkes
Effie Morris	Michael Pulaski	Laurie Schipper	Anna Tenaglia	Jim Williams
Miriam Murphy	Betty Purdy	Lavina M. Schletty	Evelyn Thornburgh	Louis Wissenbach
Francis E. Murray	Robert M. Quandt	Alfred Schmidt	Joan Tibbitts	Douglas Worley
Thomas F. Muzzio	Gerald K. Radick	Richard W. Schultz	John E. Tomlin	Charles Youngster
Marianne Nabstedt	Mary L. Ranes	Bonnie Shields	Anthony Tortora	Francis T. Zuilkowski
Patricia Nelson	Richard G. Reitchel	Arlyn J. Shook	Doris Tortora	
Linda Nielsen	Harold Resh	Frances Sikorski	Peter Trentadue	
Rebecca M. Niles	Patricia Rich	Patricia Sims	Linda J. Tricarico	
Dolores J. Olson	Leo H. Riding	Warren V. Singleton	Clarissa L. Trojillo	
George Onuska	Ann Riecan	Bonnie Skinner	Benjamin M. Turnbull	
Francisco Padilla	Elleen Riedy	Louise Slingerland	Margaret Turnbull	
Geralyn Jo Page	Marilyn Rola	Carolyn Smith	Marie Turro	
Rosalie M. Panebianco	Clark J. Roman	Eleanor Smith	Marie Vaccaro	
Miriam Parker	Rosemarie Rosenkranz	Mabel E. Smith-Hill	Henry Van de Water	
Helen Pate	Paul Rubin	Joshua Spann	Velma Van Dine	
Santo M. Pate	Lydia Rutkauskas	Velda R. Stanley	Betty H. Vian	

SCAN ME
to learn more
about making a
memorial gift.



Save the Dates!

Don't miss Gulfside's signature events coming this spring. Learn more at www.gulfside.org/community-events.

Saturday, February 18: 11th annual Hittin' the Road for Hospice Motorcycle Poker Run The event begins with a roar at 9 am at Harley-Davidson of New Port Richey and ends with a celebration at 1 pm at the Zephyrhills Moose Lodge. Sign up at www.HittinTheRoadForHospice.org.

Friday, March 31: Charity Casino Night Try your luck with real casino gaming, prizes, hors d'oeuvres and more from 6:00 - 10:00 pm at the Hilton Garden Inn Tampa-Wesley Chapel. Register at www.CharityCasinoNight.org.

Tuesday, May 2: Hospice Heroes Breakfast Hosted by the Women for Gulfside, this first annual event will recognize Gulfside's Hospice Heroes - staff and volunteers who provide extraordinary care to hospice patients. The breakfast will be held from 8:30 - 10:00 am at Plantation Palms Golf Club in Land O' Lakes.

For sponsorship or other details, contact Carla Armstrong, Director of Philanthropy, at (727) 845-5707 or carla.armstrong@gulfside.org.

Let's Book It!



Gulfside Hospice has a team of staff speakers who would be honored to visit your club, organization, or school.

Presentations are complimentary and share an overview of Gulfside's services, as well as our unique support programs: We Salute Veterans, Pet Peace of Mind, Hospice Heroes, Women for Gulfside, Legacy Society, Walls of Caring, Butterfly Gardens, and more.

To schedule a presentation, contact Jane Freeman, Annual Gifts Assistant, at (727) 845-5707 or jane.freeman@gulfside.org



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