

Hearts for Hospice



Fall 2021



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A Rockin' Good Time Paulie Palooza

CELEBRATING 10 YEARS

Paul Correia, Zephyrhills resident and owner of Sun State Aluminum, knows what it means to lean on hospice. When his father reached his end-of-life journey, Gulfside was there to "help make a difficult time just a bit easier."

Paul (affectionately known as Paulie) was so moved by his father's care that he created an event to help others receive the same compassionate experience. Paulie teamed up with his friend Kym Corkum of the Pasco Sheriff's Mounted Posse and together they hosted the first Paulie Palooza Music Festival in 2012.

Ten years later, the Paulie Palooza event has raised more than \$71,000 for Gulfside's hospice care in Pasco County.

This year's Paulie Palooza is special for so many reasons. Paulie, the musicians and past attendees all look forward to returning to the in-person event on Main Street Zephyrhills just in time to celebrate this momentous milestone of 10 years. Get ready for a fun-filled day of live music, local vendors, food trucks, auctions, prize drawings and more!

A \$5 donation gives you all-day access to the entire event. **For tickets, visit www.PauliePalooza.com.** Sponsorship and vendor opportunities are still available. **Contact Leesa Fryer at leesa.fryer@gulfside.org or 727-845-5707 for information.**

Thank you to the individuals, groups and companies who have supported Paulie Palooza over the years. Your willingness to give back touches the lives of patients and families when they need it most.

Thank You, Sponsors:



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Paul Correia, founder of the Paulie Palooza Music Festival

Why I Give: Romeo Chagnon

*Telling the stories of people who
make hospice care possible.*

Were you familiar with hospice before your wife's experience?

I was not aware of hospice before my first wife's experience. She had Alzheimer's disease for 10 years and it eventually progressed to severe dementia. She used to help me with my business and I could tell things were not good when tasks that used to take her one hour would take two or three.

There was a time when things got really tough. I'd been her caregiver for a long time and my own health was not the best. Her state of mind and her natural strong-willed nature got her to the point where she wouldn't eat. That's when I called hospice. She was under hospice care for a year and a half after that. She had times when her health would improve and then get worse.

Eventually, she needed to go to the Rucki Care Center up in Zephyrhills; it was a beautiful facility. She was there for two days and I know she went in peace. When she passed away, we had been married for 65 years.

What do you wish everyone knew about Gulfside Hospice's care?

Hospice needs to be recognized for what they do and the care they provide to others. During my wife's time on hospice, I would have people come in so I could do grocery shopping and have a little break. Having help from hospice allowed me to do things to break up the monotony of being a full-time caregiver and helped me recognize that I couldn't do it all by myself.

What made you decide to support hospice in the way you do?

Hospice did so much for me that I felt I needed to support them in whatever way that I could. It's my way of saying thank you and helping others. I'm not a rich man but I do what I can to help.

There's one thing more that needs to be recognized about the help given from hospice. The grief counseling from hospice really helped a lot. Another thing I didn't know about was the Butterfly Garden pavers. I have two pavers there for my late wife and her son. They are right next to each other. My wife is interned 900 miles away. The stones in the Butterfly Garden are a beautiful place to go visit every once in a while when I want to sit and remember. Thank you so much and God bless hospice.

Share your story of why you support Gulfside Hospice by contacting
Elicia Hinson at elicia.hinson@gulfside.org or 727-845-5707.



Gulfside's Nursing Academy: *Combining Knowledge with Nurturing*

When a patient is too ill to leave home, having a nurse come directly to their bedside brings relief and peace of mind. A kind and knowledgeable nurse makes all the difference when your loved one is dealing with uncertainties in their health. Skilled nurses who bring compassion and comfort to their patients are at the heart of hospice care.

Yet, there is a challenge unfolding in the healthcare industry. According to the University of St. Augustine, "The United States is in the midst of a critical nursing shortage that is expected to continue through 2030."

To combat this pending crisis, Gulfside is creating a unique program - the Gulfside Nursing Academy.

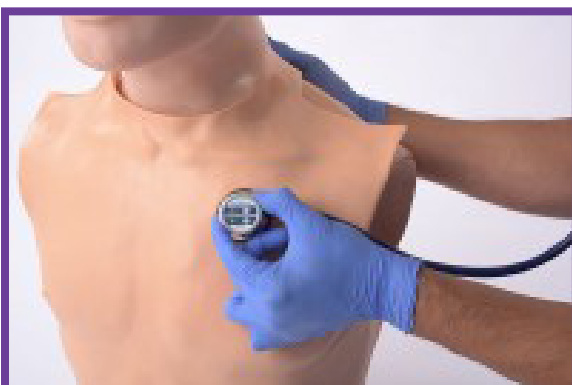
This innovative program is dedicated to recruiting the best nurses, retaining great nurses, and continuously investing in professional development that will show up in patient care. Lindsay Cole, Director of Gulfside Nursing Academy, has nearly 15 years of experience at Gulfside and is well versed on the unique skills needed to be an excellent hospice and home health care nurse.

The Gulfside Nursing Academy will incorporate "Clinical Skills Week" which is a long-time tradition for staff professional development. Each year, Clinical Skills Week uses a fun theme to keep things exciting and engaging for clinical staff as they refresh their skills and stay up-to-date on new practices and procedures.

Health simulators are used to provide a training experience that is as realistic as possible in the nurses' trainings.

At a recent Women for Gulfside meeting, Lindsay Cole presented the various needs of the Gulfside Nursing Academy to its members. One of those needs was an Adult Heart and Lung Sounds Skills (HAL) simulator. HAL would allow nursing students to hear heart murmurs and breathing irregularities often not present in the majority of patients.

As you can imagine, it is very important for clinicians to identify these irregularities and be prepared to respond if a patient is experiencing these symptoms. When presented



The Adult Heart and Lung Sounds Skills (HAL) simulator, pictured here, allows nursing students to hear heart murmurs and breathing irregularities often not present in the majority of patients.



with the opportunity to help support this need, Women for Gulfside member, Judith Koutsos, volunteered to donate the funds needed to bring HAL to Gulfside.

People like Judith are the wind beneath the wings of our nurses (often called angels) and their patients. Fulfilling training needs like HAL allows Gulfside nurses to visit people's homes with the confidence and skills needed to provide compassionate care.

Donors and community supporters like you help make this possible.

As the need for patient care grows in our local community, the needs for your support deepens as well. Gulfside depends on donors like you to make competent and calming care available to all who need it.



Lindsay Cole

Director of Gulfside Nursing Academy



Members of the clinical team during this year's casino-themed Clinical Skills Week at Gulfside's Education Center. 5

A Special Gift to Last a Lifetime

For many families that experience hospice care, there is a desire to **say "thank you" as they honor the memory of a loved one**. Gulfside has two ways to transform your loved one's legacy into a gift of compassionate hospice care for others.



Wall of Caring Tribute Plaques

The **Wall of Caring** celebrates the life of your loved one for all to remember. A dedicated plaque with your own personal inscription commemorates their journey and shows others that your loved one's memory is helping to make compassionate care possible for hospice patients.

Butterfly Garden Pavers & Benches

The **Butterfly Gardens**, located in New Port Richey and Zephyrhills, feature a beautifully designed path of engraved bricks donated by friends and family members. These sentimental pavers and benches preserve the memory of loved ones who have passed on and left a legacy of care for others.

To make a donation for a Wall of Caring Plaque or Butterfly Garden Paver, scan the QR code, visit www.gulfside.org/tribute-gifts or contact Elicia Hinson at elicia.hinson@gulfside.org or 727-845-5707. Every tribute gift makes care possible for a hospice patient in need.





In Loving Memory

Gulfside offers a variety of ways to remember loved ones on our Walls of Caring, in our Butterfly Gardens and with memorial gifts.

From May 2021 through July 2021, generous donations were given to Gulfside Hospice from families and friends in honor or memory of the following loved ones, who will remain in their hearts forever:

<u>Walls of Caring:</u>	Paul G. Cermak	Diane Grasso	Marilyn Miller	Patrick Sheehy
Robert Neal Davis	Robert C. Cline	Kathryn A. Grego	Joan R. Mora	Bernice M. Shevlin
Judith A. Leriger	Leonard Colodny	Marilyn Guzzardo	Mary Moranti	Frank Siefert
Jean M. Matala	Pamela Coyne	William Hansberger	John Murphy	Bernard B. Silver
Sally Pendleton	Gorgonio Cruz	Raymond Harwell	Miriam Murphy	Anna Simpkin
	Naomi Davis	Kingdon Helle	Peggy Naylor	Patricia Sims
<u>Butterfly Garden</u>	Richard D. Davis	Karen L. Hile	Robert Neff	Robert Solt
Margaret Barnes	Vivian H. Davis	Robert L. Hilton	Carl J. Odell	Joshua Spann
Murray E. Body	Helen F. Day	Joyce A. Hopkins	Aaron Orkin	Joseph E. St. Denis
	Lawrence DeBlasi	Donald Hough	William R. Palmer	Joan H. Steiger
<u>Memorial & Honor</u>	Deann L. DeLong	Raymond Hubert	Charlotte L. Pelton	Charles R. Stevens
Betty Adamson	Rosemary Dommernuth	Harry G. Huff	Walter J. Podgurski	Mattie Strait
Peter J. Alexander	Ethel K. Dunk	Peggy W. Huffman	Joanne Poggiali	Armidia Thews
Evelyn Alred	James Dunk	Roberta Joiner	Mary Porzio	Emma K. Thrower
Patricia A. Anderson	Karen Eady	William Jordan	Zola A. Prosnikova	Wayne L. Torrey
Irene Arnot	Joanne C. Egan	Robert Kaiser	Harriet Quail	Velma Van Dine
Patricia A. Ballantine	Phyllis D. Ensel	Juanita T. Kellas	Gerald K. Radick	Vera Vance
Gregory Bedrosian	Elsabeth H. Erickson	Ronda Keller	Ruth Raven	Robert Venable
Michael A. Berdis	Peirce G. Ferriter	Kingston E. Knox	James Regalla	Werner J. Wiencek
Frank Biengardo	Margaret Flach	Shirley LeBrun	Camille Reynolds	Regina Wilkes
Tommy Bond	Thomas Flood	Richard Lechner	Patricia Rich	Michael G. Williams
Austin P. Bondl	John J. Fryza	John Leventis	Ronald Roth	Delbert J. Willis
Paul A. Branch	Carol Gagner	Marjorie S. Lewis	Ronald S. Scaffe	Beulah Wolf
Rita Burnstein	Lois Gainer	William Lodgek	Lois Schaller	Carmella Woodaz
Joan Caldwell	Elizabeth Gallant	Diane M. Loy	Robert Schinaman	Pauline Wyskiel
David Camp	Martha Gauthier	Eunice MacAvoy	Lois A. Schmidt	Charles Youngster
Barbara A. Campbell	Frances L. Gerhardt	Barbara McDonald	James T. Schuler	Eileen Zammit
Steven Carpenter	James A. Gilchrist	Frances Miglore	Richard W. Schultz	Margaret Turnbull
Mary Lou L. Castriota	Catherine Giorgio	Irene Mihalak	Joan Shapiro	Gloria Zlinski



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